

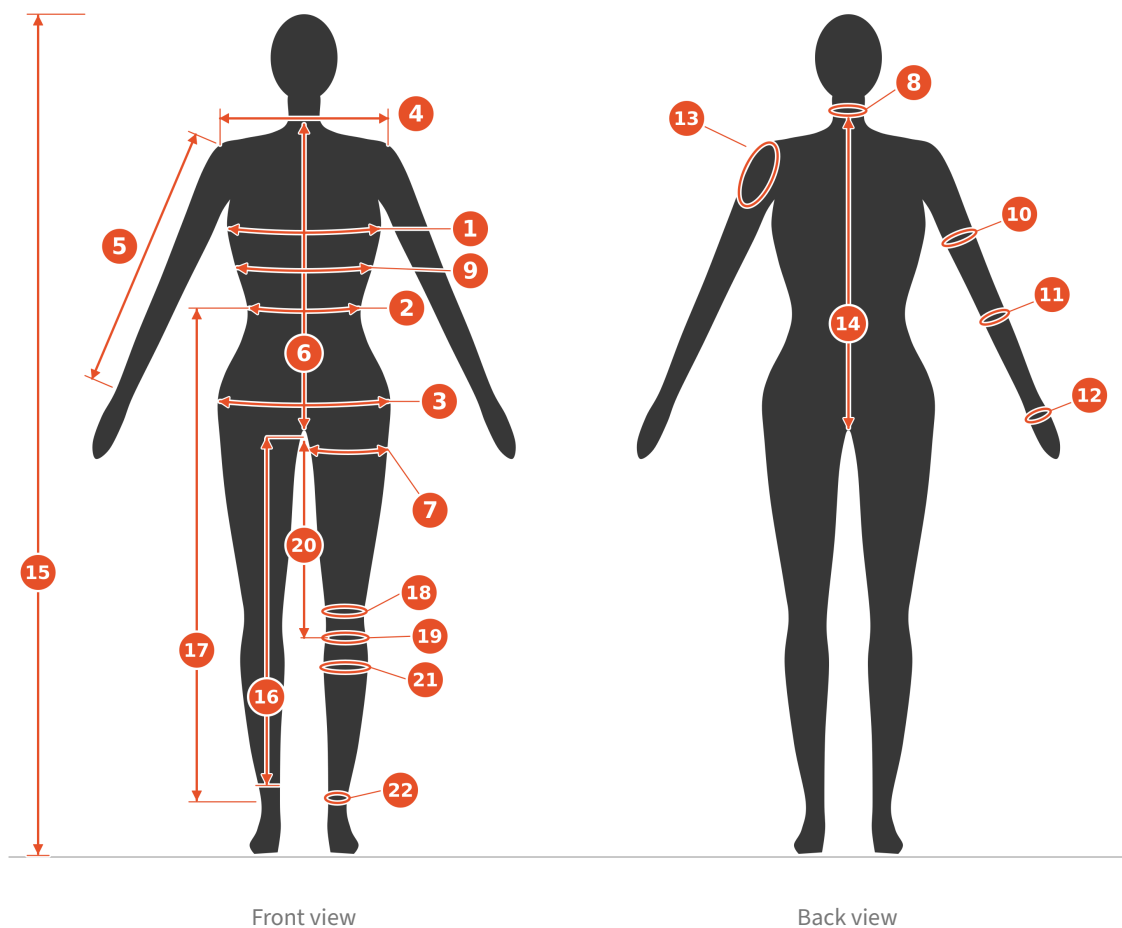
Measuring guide for your made-to-measure piece

Latex fits snugly against the body. To make sure your catsuit fits perfectly, we need your **body measurements**, not your clothing size.

How to measure correctly

- Ideally, measure in your underwear, with no clothes on top.
- Keep the tape measure close to the body, but do not pull it tight.
- Stand up straight and relaxed, breathe normally and do not pull anything in.
- It is much easier with the help of a second person.
- Take all measurements in centimetres, to the nearest 0.5 cm.
- The numbers in the table match the markings in the illustration.

This guide works for both women and men. For men's styles, we will go over any additional details with you personally.



How to send us your measurements

By email to contact@aio-latex.com, subject "Measurements for order [number]", within 14 days of your order. Please send only the measurements from the table; photos only if we ask for them, and only of the tape measure at the measuring point. A regular email is not encrypted; you can also send us your measurements by post (aio, Salzburger Straße 134, 83471 Berchtesgaden, Germany).

We check your measurements, ask if anything looks implausible, and confirm them to you. Your piece is made exactly to the confirmed measurements. There is no right of withdrawal for made-to-measure items; your rights in the event of defects remain unaffected.

Name:

Date:

No.	Measurement	How to measure	Yours (cm)
1	Bust / chest	Wrap the tape horizontally around the fullest part of the bust or chest, close to the body.	
2	Waist	Measure horizontally around the narrowest part of the torso, without pulling in your stomach.	
3	Hips (seat)	Measure horizontally around the widest part, over the bottom and hips.	
4	Shoulder width	Measure straight across the back from one shoulder point to the other.	
5	Arm length	From the shoulder point, with the arm slightly bent, down to the wrist bone.	
6	Torso length, front	From the hollow of the neck (the dip between the collarbones), with the tape lying flat against the body, straight down the centre of the body to the crotch (between the legs).	
7	Thigh	Standing, measure horizontally around the thickest part of the thigh, just below the bottom.	
8	Neck	Measure around the base of the neck, below the Adam's apple, with the tape close to the body but not tight.	
9	Underbust	Measure horizontally around the ribcage, directly below the bust or chest, after breathing out.	
10	Upper arm	Let the arm hang loosely and measure around the thickest part of the upper arm.	
11	Elbow	Bend the arm slightly and measure around the point of the elbow.	
12	Wrist	Measure around the wrist, directly over the wrist bone.	
13	Armhole	Let the arm hang loosely. From the shoulder point, run the tape under the armpit, around the arm joint and back to the shoulder point.	
14	Torso length, back	From the neck vertebra (the bone that sticks out at the back of the neck when you tilt your head forward), with the tape lying flat against the body, straight down the spine and between the legs to the crotch.	
15	Height	Barefoot, standing with your back against a wall, from the top of the head to the floor.	
16	Inseam to end of leg	Standing, feet slightly apart. From the crotch, along the inside of the leg, straight down to where the leg of the garment should end, above the ankle bone. Tip: clamp a book between your legs, spine facing up, and measure from its top edge.	
17	Outside leg length	From the waist (height of measurement 2), with the tape lying flat against the body, down the outside of the leg to the ankle.	
18	Knee	Standing with the leg straight, measure around the middle of the kneecap.	
19	Circumference below the knee	The smallest circumference below the knee but above the start of the calf muscle. Standing with the leg straight, measure horizontally around the leg.	
20	Length crotch to measurement 19	Standing, from the crotch along the inside of the leg, straight down to the height of measurement 19.	
21	Calf	Standing, measure horizontally around the thickest part of the calf.	
22	Ankle	Measure around the narrowest part, just above the ankle bone.	

If you are unsure, we can help: just send us a photo of the tape measure at the measuring point.